

Communicating to Empower Others

Getting Started

Answer the following questions about your home climate

What is the worst place you ever lived in regard to the weather and climate?

What is the biggest storm you ever got caught in?

What is the one place you would choose to live for climate reasons outside of San Diego,?

Of all the homes you have lived in, which one do you have the fondest memories of?

Going Deeper

On Sunday Jack talked about creating a positive environment in our homes.

What kind of environment did you grow up in?

What aspects of that environment would you like to bring into your home?

What aspects are you trying to overcome as you build your home?

On Sunday Jack talked about 4 ways to create a positive environment. Let's look at them closer

1. Create a climate of understanding (Seeing from others perspective)

Read Colossians 3:12-14. List the ways that this verse challenges us to see life from other people's perspective.

How does a selfish outlook hurt our relationships (marriage, parenting, friendships etc.)

2. Create a climate of affection (Appropriate physical touch)

How has the environment of affection (or lack of) affected your current family?

3. Create a climate of warmth (Being there for your family)

Read Ecclesiastes 4:10,11. According to these verses, what is the key to a warm family?

What are some ways you can carve out time for the important people in your life?

What are the barriers to making time for those people?

4. Create a climate of encouragement (pouring courage into the people in your life)

Read Hebrews 10:24-25

How does this verse relate to relationships?

What does it take to truly encourage someone?

What makes you feel encouraged? What makes your spouse feel encouraged? What makes your child feel encouraged? What makes your best friend feel encouraged?

Closing Question: What is your personal contribution to the climate of your home?

What action steps can you take this next week to improve your family atmosphere?