

# EVERYTHING IS AMAZING AND NOBODY'S HAPPY

SECRETS OF TRUE HAPPINESS FROM THE BOOK OF PHILIPPIANS



Rejoice in the Lord always. I will say it again: Rejoice! **Philippians 4:4**

## Three Rumors About Joy & Happiness That We All Tend to Agree

- 1.) I cannot be happy unless I've got it all together. **Philippians 1:3-6**
- 2.) I can't be happy unless my circumstances are right. **Philippians 1:12-14**
- 3.) I can't be happy unless I'm out of danger. **Philippians 1:18-24**

## Find Joy This Week

- 1.) Do a technology fast
- 2.) Be on the lookout for something to be joyful about today.
- 3.) Write the end of your story.