

The Apostles' **CREED**

“...He descended into hell; the third day he rose again from the dead ”

Getting Started

Answer the following questions:

Steve talked about his life experiences at the beginning of his message.

Share some life experiences or influences that have shaped various stories you believe.

(ie. you may have heard the phrase, “God helps those who help themselves” or maybe you were “picked last on a team”)

How did these experiences or influences shape the various stories you believe?

How do these stories shape the way you live?

Do you believe a story that may not be true?

How might you live differently if you no longer believed a false story?

Going Deeper

Read [1 Corinthians 15:3](#), [Luke 22:19](#)

Take a moment to discuss why “Christ is risen” is such a central Christian affirmation?

What are the implications of Christ’s resurrection for daily Christian living?

Do you consider it regularly, or daily?

How should it affect the way we do life?

In what ways today do we see the powers of evil destroyed or overcome by the Christ who “descended into hell?”

These verses declare that Christ has overcome evil.

[1 John 5:4](#), [2 Timothy 1:10](#), [1 Corinthians 15:55-57](#)

Do you have any additional verses you like?

How do these verses help you?

Why is it difficult to believe that the powers of evil have been destroyed?

How do you reconcile that evil has been destroyed yet we continue to see pain in this world?

The Bible is packed with verses to encourage us in difficult times.

For example:

[Psalm 23](#): *“The lord is my shepherd...”*

[Jeremiah 29:13](#), *“You will seek me and find me...”*

[Psalm 62:1-2](#), *“My soul finds rest in God alone...”*

What verses do you lean on to encourage and sustain you through challenging times?

Prayer

Take a few minutes to share any prayer requests and have someone close in prayer.

