

# The Apostles' **CREED**

**"I believe in the Holy Spirit"**

## **Getting Started**

Are you a "to do list" person?

What are the common events that regularly make it on your to do list?

What is one thing in your life that you would like to get off of your to do list?

## **Going Deeper**

How can Christianity become a to do list kind of faith?

What can some of the negative effects be of turning Christianity into a to do list?

When Jesus left he told us he would leave us a helper.

Take a moment and read about him in [John 14:15-27](#).

What characteristics does Jesus say the Holy Spirit will have?

Take a moment to further research what God promises us through his spirit.

- He promises us power [Acts 1:8, 2 Timothy 1:7](#)
- He promises to give us hope in a hopeless world [Romans 15:13](#)
  - The Holy Spirit gives us power to speak for God [I Corinthians 2:12,13](#)
  - The Holy Spirit gives us the power to experience all the fullness of God [Ephesians 3:16-19](#)

If God promises us all these benefits from his spirit, why do you think there are so many Christians who are struggling?

Take a moment to talk about two ways that we may be quenching the spirit in our lives.

1. We neglect to invite the Holy Spirit into our situation

Take a moment to read how God wants to enter your situation in your life.

[Philippians 4:6, Romans 8:26-28](#)

2. We don't need the comfort of the Holy Spirit because we're already pretty comfortable.

Read and discuss the following quote

*From my own experience, I have felt closest to God when nearness to Him was a necessity. Jesus refers to the Holy Spirit as the "Helper" or "Comforter." Let me ask you a simple question: Why would we need to experience the Comforter if our lives are already comfortable? It is those who put their lives at risk and suffer for the gospel who will most often experience His being "with you always, even to the end of the age.*

-Francis Chan, Forgotten God

What is one area of your life that you feel like God is challenging you to take a risk and get out of your comfortable space?

What challenge do you feel like God is speaking to you about inviting the Holy Spirit into your life?

