

The new normal

Luke 1:39-41

Mark 1:1-5

Mark 1:9

Mark 1:12-14

Luke 7:28

Luke 7:20-23

Luke 4:18, 19

*If you are dealing with a new normal, here's
what you have to say to yourself today.*

*I can be happy again
Something good can come from this
There is purpose to the pain*



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