



Bless this Home

*Blessed are the peacemakers, for
they will be called children of God.*

Matthew 5:9



Getting Started

Where is one place or situation in your life when you feel the most at peace?
Where is one place or situation in your life when you find it hardest to be at peace?

As Christians peacemaking is a family trait. What traits are common in the family you grew up in.
What traits are common in the home situation you find yourself in now?

Going Deeper

What's one idea from the message that really stood out to you? Why did this idea grab your attention?

In your house are you a peacemaker? When you slide out of that peacemaker role which of the following do you default to?

- Dramamaker
- Stressmaker
- Worrymaker
- Busymaker
- Mr. Fixit

On Sunday Jack talked about four steps to becoming a peacemaker. Let's take a moment to look at them in more depth

1. Be a person of inner peace

Read [Psalm 85:8-10](#). What do these verses tell us about how we can share God's characteristic of peace.

Have you ever experienced a time in your life when being close to God brought peace to a difficult situation? Share it with the group.

2. Be a person the brings calm into your relationships

Read the following verses and talk about what they say about being people who bring calm to their relationships

[Philippians 4:6,7](#), [Isaiah 32:17-18](#)

3. Give up your right to bring the people who have hurt you to justice

What is your most common response when you have been treated by someone with injustice. What do these verses tell you about how we should respond?

[Psalm 44:6-7](#), [Psalm 3:7-8](#), [Romans 12:17-19](#)

4. Be a person who is vastly concerned about the injustice done to people who cannot fight back for themselves

Read [Isaiah 58:6-9](#).

Is there an injustice that you feel God might be tugging on your heart to stand up against?

What steps might you need to take to become a stronger peacemaker in your family?

Next Steps:

What's one thing you will do this week to help you become a stronger peacemaker in your home?

Daily Bible Readings:

Become a stronger peacemaker in your family by reading and talking over the following Bible passages this week.

Day 1: [Matthew 5:9](#)

Day 2: [Romans 12:9-21](#)

Day 3: [Ephesians 4:14-16](#)

Day 4: [James 5:13-16](#)

Day 5: [Colossians 3:12-17](#)

Day 6: [Ephesians 4:25-32](#)

Additional reading: "The Gift of Imperfection" -Brene' Brown

"When I was pregnant with Ellen,(Okay, let me just stop there. That's not the part I wanted to be me. I had to say it before one of you guys made some crack) someone gave me a small book called Baby Love: A Tradition of Calm Parenting. I can still see myself sitting in my brand-new glider with one hand resting on my very pregnant belly and the other hand holding that book. I remember thinking, This is my goal. I want to be a calm parent. I try to be slow to respond and quick to think Do we even have all the information we need to make a decision or form a response? I also stay very mindful about the effect that calm has on an "anxious person or situation. A panicked response produces more panic and more fear. As psychologist and writer Harriet Lerner says, "Anxiety is extremely contagious, but so is calm." The question becomes, Do we want to infect people with more anxiety, or heal ourselves and the people around us with calm?"