

Qualifications for Refreshment

Psalm 51:8-12

1. To qualify for refreshment you need to have done something despicable.

*“You have heard that the ancients were told, ‘You shall not commit murder’ and ‘Whoever commits murder shall be liable to the court.’ But I say to you that everyone who is angry with his brother shall be guilty before the court; and whoever says to his brother, ‘You good-for-nothing,’ shall be guilty before the supreme court; and whoever says, ‘You fool,’ shall be guilty enough to go into the fiery hell. **Matthew 5:21,22***

*“You have heard that it was said, ‘You shall not commit adultery’; but I say to you that everyone who looks at a woman with lust for her has already committed adultery with her in his heart. **Matthew 5:27,28***

2. To qualify for refreshment we have to look honestly at our mistakes.

Then the Lord sent Nathan to David. And he came to him and said,

“There were two men in one city, the one rich and the other poor.

“The rich man had a great many flocks and herds.

“But the poor man had nothing except one little ewe lamb

Which he bought and nourished;

And it grew up together with him and his children.

It would eat of his bread and drink of his cup and lie in his bosom,

And was like a daughter to him.

“Now a traveler came to the rich man,

And he was unwilling to take from his own flock or his own herd,

To prepare for the wayfarer who had come to him;

Rather he took the poor man’s ewe lamb and prepared it for the man who had come to him.”

Then David’s anger burned greatly against the man, and he said to Nathan, “As the Lord lives, surely the man who has done this deserves to die. 6 He must make restitution for the lamb fourfold, because he did this thing and had no compassion.”

Nathan then said to David, “You are the man! Thus says the Lord God of Israel, ‘It is I who

anointed you king over Israel and it is I

who delivered you from the hand of Saul.

Why have you despised the word of the

Lord by doing evil in His sight? You have

struck down Uriah the Hittite with the

sword, have taken his wife to be your

*wife, and have killed him. **2 Samuel 12***

3. To qualify for refreshment you need to accept God’s forgiveness.

*For as high as the heavens are above the earth, as far as the east is from the west, so far has he removed our transgressions from us. As a father has compassion on his children, so the Lord has compassion on those who fear him **Psalm 103:11-13***



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