



conversations

"Crucial Conversations"

Getting Started

Take a moment to engage in one of these conversations about your life

- The one conversation that changed the course of my life was...
- The one conversation that encouraged me to be who I am was with...
- My favorite story to tell in conversation these days is...
- If I could get into a conversation with any famous person it would be...

Going Deeper

What thought or statement or idea from the message on Sunday impacted your life?

Read this verse and discuss the following questions:

[Colossians 4:6](#) ***Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.***

Grace. Graceful speech are words which affords joy, pleasure, delight, sweetness, charm, and loveliness. Would you say your conversations are filled with joy and charm and grace?

Seasoned with salt. Salt is used to preserve and enhance. Conversation that is seasoned with salt is interesting, enjoyable and thought provoking. Have you ever gotten stuck in a boring conversation and you couldn't wait to get out of it? Are your conversations boring? Do they tend to be trivial?

Answer everyone. Wouldn't it be great if you would know how to answer everyone. That you weren't stumped. Do you know how to answer when the conversation gets tense? Do you know what to say when someone gets upset and hides?

How can we get to the point where our conversations are always full of grace, seasoned with salt, and we know how to answer everyone?

A crucial conversation is one where...

1. **The stakes are high**
2. **Opinions vary**
3. **Emotions run strong**

Have you had any crucial conversations lately?

Why do we tend to be at our worst in conversation when the stakes are the highest?

One author answered that question like this.



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“We’re designed wrong. When conversations turn from routine to crucial, we’re often in trouble. Countless generations of genetic shaping drive humans to handle crucial conversations with flying fists and fleet feet, not intelligent persuasion and gentle attentiveness.” Crucial Conversations, Grenny, Switzer.

Read [Colossians 3:18-22](#). Most of the time people read these verses with other people in mind.

- *Husbands read these verses and say to their wives “submit”*
- *Wives read these verses and say to their husbands, “love me better.”*
- *Parents read these verses and say to their kids, “Obey me.”*
- *Kid’s read these verses and say to their parents, “Don’t exasperate me.”*

How do we need to read these verses to get better at the crucial conversations in our lives?

Jack made a few bold statements on Sunday. Do you agree with them?

A wife that submits to her husband is loved.

A husband that loves his wife is submitted to.

Children that obey their parents have parents that are not exasperated.

Parent’s that aren’t always frustrated and angry have children that obey them.

Action step

What is the biggest land mine that you bring into your relationships?

What steps do you need to take to get this area of conversation under control? (Some ideas are below)

- *Confess that to someone close to you.*
- *Look up verses on [biblegateway.com](#) to help you.*
- *Book some time with a counselor.*
- *Sit down and confess to a friend and talk about some steps you can take over coffee.*

Close with this prayer. Let my conversation be always full of grace, seasoned with salt, so that I may know how to answer everyone.



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