

Still: Finding God when it's Dry



1. The condition of dryness

As the deer pants for streams of water, so my soul pants for you, my God. My soul thirsts for God, for the living God. When can I go and meet with God? Psalm 42:1

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2. The causal factors of dryness

You've neglected your health
My tears have been my food day and night, while people say to me all day long,
"Where is your God?" Psalm 42:3

You walked away from people

These things I remember how I used to go to the house of God under the protection of the Mighty One with shouts of joy and praise among the festive throng. Psalm 42:4

3. The cures for a season of dryness

Make a commitment to authenticity. Evaluate what you've put your hope in.

Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God. Psalm 42:5&11

Make meditation your regular practice

By day the Lord directs his love, at night his song is with me — a prayer to the God of my life. Psalm 42:8