

## Thoughts

*Listen to my prayer, O God, do not ignore my plea; 2 hear me and answer me. My thoughts trouble me and I am distraught. Psalm 55:1,2*

### Three Thoughts that Eat Away at our

#### Old Tapes

*I, the Lord your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me, 10 but showing love to a thousand generations of those who love me and keep my commandments. Deuteronomy 5:9,10*

#### Other's Opinions

*I do not want to seem to be trying to frighten you with my letters. 10 For some say, "His letters are weighty and forceful, but in person he is unimpressive and his speaking amounts to nothing." 11 Such people should realize that what we are in our letters when we are absent, we will be in our actions when we are present. 2 Corinthians 10:10*

*From there Elisha went up to Bethel. As he was walking along the road, some boys came out of the town and jeered at him. "Get out of here, baldy!" they said. "Get out of here, baldy!" 24 He turned around, looked at them and called down a curse on them in the name of the Lord. Then two bears came out of the woods and mauled forty-two of the boys. 25 And he went on to Mount Carmel and from there returned to Samaria. 2 Kings 2:23-25*

*"Get yourself ready! Stand up and say to them whatever I command you. Do not be terrified by them, or I will terrify you before them. 18 Today I have made you a fortified city, an iron pillar and a bronze wall to stand against the whole land—against the kings of Judah, its officials, its priests and the people of the land. 19 They will fight against you but will not overcome you, for I am with you and will rescue you," declares the Lord. Jeremiah 1:17-19*

#### Ugly and Unhealthy Thoughts

*Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. 2 Set your minds on things above, not on earthly things. Colossians 3:1-2  
5 Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry. 6 Because of these, the wrath of God is coming. 7 You used to walk in these ways, in the life you once lived. 8 But now you must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips. 9 Do not lie to each other, since you have taken off your old self with its practices 10 and have put on the new self, which is being renewed in knowledge in the image of its Creator. Colossians 3:5-10*