



## Small Group Questions (First Service) Discover Your Family Brand

### Background Verses

[Philippians 4:4-8](#)

[Colossians 3:14-15](#)

[Romans 15:3](#)

[Psalm 127](#)

[Psalm 128](#)

Seems like there is a stress to be a certain way as a parent. The Pinterest perfect mom. The Funny Facebook dad. How do you feel that stress?

What are the enemies of calm in our homes?

Busy-ness, over-commitment, fear of saying 'no'; uncomfortable with reflection, silence and stillness?

How do you escape the stress and learn calm and become a role model of calm in your home?

Feels like success as a parent happens in two seemingly contrary styles. We need to offer consistency, but we also need to allow our families to develop a unique brand. Let's start with consistency. What are the ways you've seen consistency and scheduling and predictability help your family closeness and help your children succeed?

In your experience how have you learned to deal with each of your children and their own unique characteristics?

Not only are children are unique but families are unique. What are some qualities your family has that makes it totally unique? (You can talk about your family of origin or your current family).