



Who rules your heart?

Getting Started

When is the line “You can’t tell me what to do” most likely to slip into your families vocabulary?

Have you observed anyone in your life who lived this life philosophy and it got them in trouble? “I can do what I want, when I want, with whom I want as long as no one gets hurt?”

Going Deeper

This verse describes the way people lived in the time of the judges.

[Judges 21:25](#) (NASB) *“In those days there was no king in Israel; everyone did what was right in his own eyes.”*

How do you see these verses lived out in our culture today?

Read [Joshua 24:14,15](#) and then take a moment to answer the following questions.

Why does God allow us the choice to serve him or not?

What are common issues that make it hard for people to make this statement?

“As for me and my household, we will serve the Lord.”

- ◆ Is it possible to do what you want, when you want it, and with whom you want without anyone getting hurt? Why or why not?
- ◆ How have you been hurt by people with this attitude?

On Sunday the statement was made *“You were made to be ruled. You were designed by the creator of the world to be ruled by something or someone.”*

Our theme verse says God made you to serve a king. He gives you complete freedom to choose who will rule you, but you will ultimately be ruled.

- ◆ Some will be ruled by an appetite.
- ◆ Some by an addiction.
- ◆ Some will be ruled by a drive to succeed.

- ◆ Some will be ruled by family.
- ◆ Everything is family.

One way or another, you will be ruled.” Do you agree with this statement?

Read [Colossians 3:12-15](#). What are the benefits from these verses to having your heart ruled by God?

What are the appetites, addictions or drives that threaten to take control of you and rule your life?

Read over these verses and talk about how you can put your heart in control of God the benevolent ruler.

[Psalm 9:7-9](#)

[Psalm 119:132-134](#)

[Colossians 2:9-12](#)

Take a few minutes to close in prayer together.

