



How could I be so stupid?



Getting Started

Talk about something you badly wanted in childhood or adulthood. Did you get it? If so, did it live up to your high expectations?

Going Deeper

Why do you think our culture glorifies doing what is right in our own eyes when it comes to sexual conduct?

What are some of the costs of that kind of view of sex?

Andy Stanley said, *“There’s nothing like sexual sin to derail you.”*

Respond to that statement. Do you agree? Why or why not?

Read [Judges 16:4–21](#).

How believable is it to you that Samson would make the same mistake with Delilah again and again?

What similar unhealthy patterns do you see in our culture?

What unhealthy patterns do you see in your own relationships or the relationships of people around you?

What are some damaging cultural influences that tend to push people in the wrong direction sexually?

What can we as people do to limit the impact of those influences?

[1 Corinthians 6:12-20](#) is full of profound information about the power of sex in our lives. Read over these verses and write down any observations you can think of that apply to our sexuality.

- 1.
- 2.
- 3.
- 4.
- 5.

[Psalm 51](#) was written by David after making a stupid sexual decision.
Read [Psalm 51:10-12](#) and talk about how God forgives our stupid decisions.

What is one step you can take to yield your sexual conduct to God and begin to live from the inside out instead of the outside in?

How can this group support you as you take that step?

Take a few minutes to close in prayer together.

