



## Why Can't I Change?

*1 Peter 5:5-11*

### Two reasons why we can't change.

1. We can't change because we are too proud to ask for help.  
[1Peter 5:5,6](#) / [James 4:10](#)
2. We can't change because the devil knows our weaknesses.  
[1Peter 5:8](#) / [2Corinthians 2:9-11](#)

### How can I change?

1. Learn to set up guardrails in your life. [1Peter 5:9](#) / [Psalm 1:1,2](#)
2. Lean into God as your power source for change. [1 Peter 5:5-11](#)

**Sunday, 1/05/2020**