

PRE-ARRIVAL INFORMATION

Hello Camper Parents and Guardians!

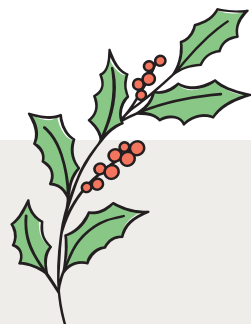
Summer Camp 2022 is almost here and we are so excited and honored that you have chosen to make Forest Home a part of your student's summer plans. This letter intends to answer any questions or concerns you may have prior to sending your camper to Forest Home. If there is anything else that comes up as you prepare for your student's week at camp, we encourage you to connect with your group leader or you can reach out to Kelsey Copeland, Assistant Director of Youth at Kelsey.copeland@foresthomes.org.

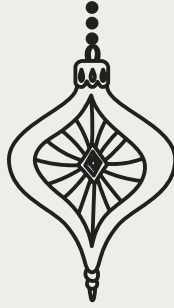
SPIRITUAL THEME

This year, our spiritual theme is **"A Thrill of Hope"** and we'll be learning of the exciting hope that is found through Jesus: His birth, His ministry on earth, and His death and resurrection, and the life that we can have with walking with Him. Our theme verse is **Luke 1:37 (ESV)**:

.....
"For nothing will be impossible with God."
.....

Through worship, messages from our speaker and camp managers, solo time, and counselor-led "cabin times" we pray that your camper will have an opportunity for meaningful conversations that will lead them closer to Christ and allow them to experience the hope that is found through Him and His love. Please join me in prayer that God would begin to work in students' hearts during this "pre-season" leading up to camp this summer.





PRE-ARRIVAL INFORMATION

CHECK-IN & ARRIVAL

Church / Group Campers – Please follow the instructions provided from your student’s group leader.

Individual Campers – **Check-In will take place on Sunday from 3:00-5:00PM.** Our Reservations team will assign and communicate your specific check-in location prior to your arrival. Upon arriving at camp, our staff will greet you and help you find your way. The first programmed event your camper will attend will be dinner, which begins at 5:30PM. Please do your best to arrive at camp with enough time for your camper to get checked-in and moved into their cabin prior to dinner. In the unfortunate event of a late arrival (traffic, car trouble, etc.) please text Kelsey Copeland at 909-253-8112 as soon as possible.

FIRST AID & MEDICAL FORMS

Medical Forms are online in our system and **MUST** be completed prior to campers arriving on camp property. Campers who do not have a completed medical form will **NOT BE ABLE TO PARTICIPATE IN CAMP.** It is recommended that you log-in to your camper’s online account and verify that you have fully completed your camper’s online medical form **PRIOR** to your departure for camp. We must strictly enforce this policy not only to be in accordance with the law, but to ensure safety of all our guests. Thank you in advance for your cooperation.

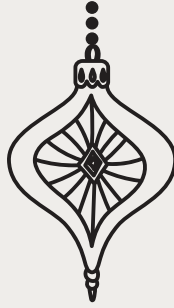
Each camper is required to undergo a health screening before arriving at camp. Please note, any ill campers or counselors should not come to camp until they are symptom free for 24 hours. If a camper or counselor arrives ill or becomes ill at camp, they may be sent home, subject to the camp nurse discretion and first aid policies.

All medications must be in their **original containers** for both prescriptions and over the counter (OTC) store-bought medications. All prescriptions must have their correct prescription labels. Place all medications in a Ziploc bag with your camper’s name and church /group name (if attending with a church / group).

Please refer to the “Sending Medications to Camp” page on our website for more information on how to send medications. This document (“Sending Medication to Camp”) will also be very helpful if your camper has severe allergies or diabetes. Access this form at www.foresthome.org/forms.

Please Note: Forest Home First Aid reserves the right to not dispense any over the counter medication, homeopathies, herbals, or essentials, as well as any medication OTC or prescription not sent appropriately.





PRE-ARRIVAL INFORMATION

DIETARY NEEDS & ALLERGIES

Our Guest Dining team is passionate about providing for your camper's dietary needs during their stay and our online registration system will make this an easy process for your family. Please ensure that all dietary requests are indicated on your camper's online registration form.

Our chefs are trained and able to accommodate the following common dietary allergies: gluten free diets, dairy intolerances, egg allergies, vegetarian diets, vegan diets, and nut allergies (all our kitchens are nut free facilities).

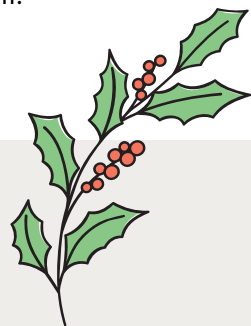
If your camper has a dietary need or allergy that our kitchen is unable to accommodate for (like Celiac Disease), we require that your camper brings their own food to meet their dining needs during their stay. If your camper is bringing their own food to camp, pack their pre-cooked meals in pre-portioned microwave safe containers. There are refrigerators for storage and microwaves for heating in all dining facilities for guests to use. If your camper is bringing their own food, please send it in appropriate containers for travel and ensure that it is labeled with your camper's name.

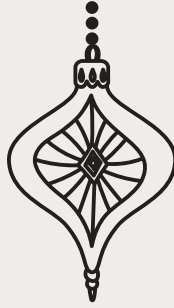
We understand many allergies can be very severe, and we cannot fully guarantee that every item served is 100% free from airborne particles or other means of food allergy cross-contamination. The process of bringing your own pre-cooked and pre-portioned food will limit the chance of any allergy cross-contamination.

There are other areas in camp that may cause allergic reactions that are out of our control, such as in retail food locations, vending machines, or other campers that may bring snacks. Our desire is that every guest has a great food and dining experience while at Forest Home. If you have any additional questions, please contact our Food and Beverage Director, Shawna Zakikhani, at shawna@specialtyfs.com and she will respond within 2-3 business days.

SPEAKERS & WORSHIP LEADERS

We are so excited to partner with truly amazing speakers and worship leaders this summer. Our speakers are veteran youth pastors and leaders of impactful church and parachurch ministries; our worship bands are involved at churches and universities all over the country. Not only will these speakers and worship leaders impact your students from the stage, but they will be involved in aspects of your camper's day-to-day camp experience, as well.





PRE-ARRIVAL INFORMATION

RECREATION

All of these free time options will be available at various times throughout the week, weather permitting:

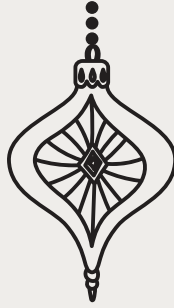
- Canyon Park – Zipline, Giant Swing, Sky Trail (high ropes course), Boulder Junction (low ropes course)
- Swimming Pool, Pool Basketball
- Lake Activities – Waterslides, Swimming, Kayaks, Stand-Up Paddleboards, The Blob
- Hatchet Throwing, Horseshoes
- Beach Volleyball, Basketball, Dodgeball, GaGa Ball, Mini Golf, Disc Golf, Spikeball, Corn Hole, and much more
- Laser Tag (\$5 – paid through credit / debit card, Forest Home Giftcard or eGiftcard)
- Table Games – Ping Pong, Foosball, Air Hockey, Billiards, etc.

EXPECTATIONS ON ELECTRONICS

Because of our commitment to **providing our campers with sanctuary and solitude**, Forest Home is striving to be a cellphone free destination as much as possible. This means that we will continue to encourage campers to leave all electronics (including cellphones) at home and ask that all our guests join us in our efforts to keep our public areas at Forest Home cellphone free.

Forest Home will provide phone service campers who need to contact their parents / guardians, but generally speaking, campers are not able to make or receive phone calls during camp. If there is a situation with your child at camp that warrants contact of their guardian (homesickness, injury, not cooperating, etc.), you will be contacted by our camp staff immediately.





PRE-ARRIVAL INFORMATION

SPENDING MONEY & EGIFTCARDS

Forest Home is now cashless; all retail purchases must be made by credit card, debit card, Forest Home giftcard, or eGiftcard. This [link](#) allows you to load or reload money on to your camper's account at any time before or during camp. You have the option of adding a telephone number to the account, making it easier for your camper to memorize the number required for making a purchase. For more instructions or troubleshooting on eGiftcards, watch [this video](#).

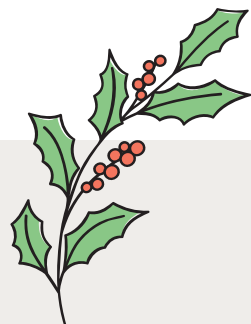
At the end of camp, if your camper does not spend all the money on their eGiftcard, it will remain open so that your camper can use it the next time they are at camp. You can also email refunds@foresthomes.org to request a refund for the extra funds on your camper's eGiftcards.

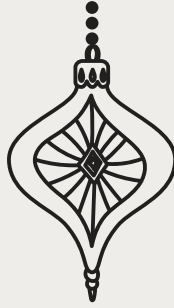
CAMPER MAIL

Due to the nature of the US Postal Service and the historically slow delivery time from the post office to camp, we encourage guardians to send their camper mail in one of two ways:

1. Pack any letters, cards, or packages in your camper's suitcase for them to find once they arrive at camp.
2. Group leaders are encouraged to collect all camper mail for their church / group on departure day. Guardians can give camper mail to their group leader, ensuring that each piece of camper mail is labeled with the camper name and desired delivery day.

If you choose to send mail via USPS and it does not make it to your camper in time, Forest Home is not responsible.





PRE-ARRIVAL INFORMATION

BUNK1 - CAMPER COMMUNICATION PLATFORM

We offer the ability to send messages using Bunk Notes. Your note will be delivered to the camp within 24 hours. No need to wait for snail mail: Bunk1 makes it easy to communicate with your child.

LOG IN TODAY!

1. We have already set you up with a Bunk1 account to link with your **Forest Home** account.
2. Go to www.bunk1.com or download the Bunk1 Mobile App.
3. Log in using the same credentials that you use to access your **Forest Home** account.

You will be prompted to select a bundle for access to your Parent Portal. Bundles include credits for you to send Bunk Notes and enhance your notes with borders, photos, sports scores, and puzzles.

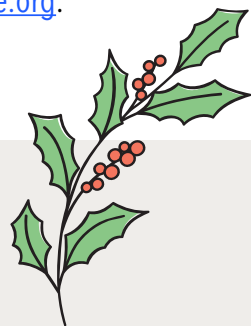
SENDING BUNK NOTES

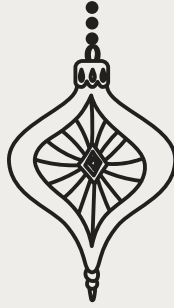
Send Bunk Notes day or night! Your camp receives a pdf at **8:00 am PST** each day containing all Bunk Notes received in the last 24 hours. Camp prints each Bunk Note and delivers them to your camper with the regular mail. You can purchase more credits anytime in the Bunk Notes menu. Successfully sent Bunk Notes will appear under Bunk Notes > View Sent.

The Bunk1 team is available to support you 7 days a week during peak season. They guarantee a response within 24 hours and it's usually much quicker than that. Please call Bunk1 at **212-974-9112** or email support@bunk1.com. For FAQ's related to the services above, visit www.bunk1family.com/faqs.

A SAFE PLACE

At Forest Home, we deeply care about the safety of our campers in every regard. For this reason, we have a closed campus. Because of space and liability issues, please do not instruct anyone to come up to camp (for ANY length of time) who is not a registered guest. Day passes are not available unless pre-arranged with the Camp Director. Your cooperation with this will be extremely helpful in keeping our campers safe. For more information on our Child Protection Policies, please contact Evan Liewer, Senior Director of Guest Ministries, at evanl@foresthomes.org.





PRE-ARRIVAL INFORMATION

Emergencies – If there is a serious family emergency and a parent needs to contact their child while at camp, they may contact the Forest Home Roundhouse at 909-389-2300 and they can put them in contact with the Camp Director.

CHECK-OUT / DEPARTURE

Check-out will take place at the conclusion of the Summer Camp Program at **11:00AM on Friday** at the same location at which you checked-in your camper. Our program will end promptly at 11:00AM; please do not plan on leaving prior to 11:00AM as it disrupts program. If you need to arrange an early departure for your camper, please email Kelsey Copeland, Assistant Director of Youth at Kelsey.copeland@foresthomes.org.

Individual Camper Check-Out: **When picking up an individual camper, you must bring a valid photo ID.** We will not be able to release your camper if the ID of the person picking up your camper does not match the name of an emergency contact listed on your camper's registration profile. If you have appointed another family member or someone else to pick up your child, please ensure that this person is listed as an emergency contact for your camper on their online Forest Home account.

PACKING

Packing Pro-Tips:

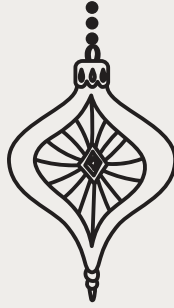
- Label all luggage items with your camper's full name and church / group name (if attending with a group)
- Make sure your camper can carry all the luggage they are bringing to camp.
- Check the weather before sending your camper to camp – Forest Falls can be hot, dry, cool, rainy, or muddy throughout the summer – help your camper pack accordingly!

Packing List:

- The Essentials:
 - ▶ Sleeping Bag & Pillow
 - ▶ Bible, Journal, Pen (make sure your camper's name is in their Bible)

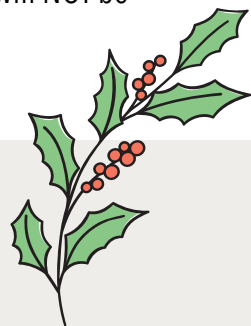


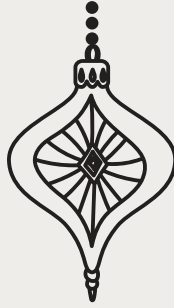
Campy Christmas



PRE-ARRIVAL INFORMATION

- ▶ Bath Towel & Washcloth
- ▶ Beach Towel for Pool and Lake Activities
- ▶ Flashlight or Headlamp (with fresh batteries)
- ▶ Reusable Water Bottle (labeled with your camper's name)
- ▶ General Toiletries:
 - » Toothbrush & Toothpaste
 - » Shampoo & Conditioner
 - » Soap / Body Wash
 - » Deodorant
 - » Sunscreen / Bug Repellent
- ▶ Clothing for Five Days:
 - » Socks & Underwear
 - » Swimsuit (guys - trunks // girls - one-pieces)
 - » T-Shirts
 - » Shorts
 - » Pajamas
 - » Pants / Sweatshirt (for if it gets chilly at camp)
 - » Sandals AND closed-toed shoes
 - » Raincoat / Poncho (rain is not uncommon at camp, being prepared with rain gear can be helpful)
 - » Old clothes / old closed-toed shoes to get dirty in the Mudbowl (HS Only - Mudbowl will NOT be a JH activity)

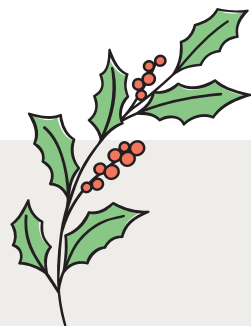


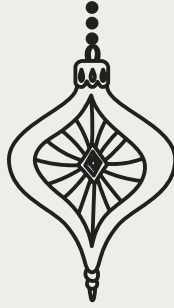


PRE-ARRIVAL INFORMATION

➤ Optional / Encouraged:

- ▶ Hat for Sun Protection
- ▶ Small Backpack for carrying personal items around camp
- ▶ Plastic garbage bag for dirty clothing
- ▶ **Corresponding Color Team Gear:** During the week, we will have team competitions where campers will compete on their assigned color teams. Team spirit is an exciting part of these competitions, so we encourage campers to wear their team's color! We will contact group leaders (and guardians of individual campers) with your camper's assigned color prior to camp.
- ▶ **Christmas Themed Items:** This summer, our "Thrill of Hope" theme is Christmas themed! Pack any clothes, costumes, outfits, accessories that go along with our Christmas theme.
 - » Check out our [Summer 2022 Christmas Themed Shopping List](#) on Amazon.
 - » During the week of camp, we'll have opportunities to wear themed items at competitions, our dance party, and a themed dinner.
- ▶ Please Leave the Following Items at Home:
 - » Electronic Gaming Systems (Nintendo Switch, PSP, etc.)
 - » Laptops / iPads / Tablets
 - » Weapons - including firearms, knives, airsoft guns, bb guns, etc.
 - » Drug / Alcohol / Tobacco Paraphernalia - including juuls, vapes, and wax pens.
 - » Avoid preventable heartache: do not send anything to camp that is irreplaceable, such as a treasured stuffed animal or blanket, or a \$1,000 camera. These items are easily lost or damaged at camp and we cannot guarantee their safe return.





PRE-ARRIVAL INFORMATION

If you have any additional questions or concerns about your camper's registration, please first contact your group leader to get their help resolve the problem and then reach out to the Forest Home Reservations team if needed.

We look forward to seeing your camper(s) up at Forest Home!

Kelsey Copeland

Assistant Director of Youth

Kelsey.copeland@foresthomes.org

909-253-8112 (cell)

